PPow.1

Tug of WarDrill Skill Module - Power

Description: Intro to Tug of War



Drill 1

- Split the class in half
- Have one half on one side of the rope and the other half on the other side of the rope
- See who can pull the other side across the center







Supplies / Aids:

Equipment Needed:

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Notes:	•		
NO (GS.			

Preschool FUNdamentals

USASF.NET