Home School Log

FUNdamentals Session #_____

Athlete Name: _____   High School Contact: _____

Session	Date	Time	Notes
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			

Notes

Number of Sessions Completed	Total Hours Completed	Notes

Development Progress

Interaction w/ Teammates	Following Instructions	Comprehension of Material	Execution of Material

Development Progress

Continue with FUNdamentals	Novice Team	Prep Team	All Star Elite

★ = Expectations Met   ★★ = Exceeded Expectations   ★★★ = Superstar