



The USASF National Meeting 2021 will provide exciting opportunities for members at every level to connect with others who are passionate about All Star Cheer and Dance. The National Meeting is where you'll build valuable relationships, learn from top leaders, pick up new skills, techniques and ways to take your program to the next level. We'll discover how powerful it is when the All Star community comes together to be a part of the best event to learn, connect and celebrate. Thinking about joining us at the 2021 National Meeting? Here are three reasons why we think you should!



for **Dance Professionals** to attend the **USASF National Meeting**

July 24-25, 2021 • Charlotte, NC

1

MOVEMENT-BASED CLASSES curated and presented exclusively for dance professionals by our **LEGENDS OF ALL STAR DANCE**. Join the masters of the industry as they demonstrate and discuss:

- **DANSPIRATIONS** Explore ways to run a successful senior-level intermediate/advanced class. Hands-on strengthening, conditioning and barre work.
- **INJURY PREVENTION** Candid conversations on the Marley as **MICHAEL VISHION, MD, Center for Performance Medicine & Rehabilitation**, joins dance coaches to share exercises that strengthen muscles to prevent injury.
- **DANCE SCORE SHEETS** Roundtable chats with the dance directors about the 2021 Dance Worlds score sheets.
- **REAL WORLD DANCE SAFETY** Dance rules and safety comes to life with interactive discussions and demonstrations on the Marley.

Legends of All Star

DANCE

PATTY ADAMS
MICHELLE ALLISON
ERIN HAROLD
ANASTASIA MILLER
KARL MUNDT
ANDY VACA
MICHELLE VAUGHN

2

Catch the latest trends, products, uniforms and swag at the **ALL STAR EXPERIENCE EXPO**.

3

Creative energy happens **LIVE** – on stage, in classrooms, in the exhibit hall. You'll be **CONNECTED** with so many All Star enthusiasts who will equip you with new skills and powerful insights to drive positive change in yourself, your team and organization!

learn
connect
celebrate!