



BOLT

Athletes explore their individual strengths to become effective and authentic leaders through in-person and virtual workshops.



Heroes of All Star

Seek. Explore. Learn about All Star! Introduce the Superheroes of All Star to lower elementary-age athletes in this interactive book to be completed at home and within the club.



What's Your IQ Jr?

Initiate thoughtful discussions about character and values with this interactive workbook for upper elementary and lower middle school-age athletes.



Scholarships

USASF recognizes outstanding All Star athletes by awarding scholarships for their college or other post-secondary education. Learn more at usasf.net.



What's Your IQ?

Elevate your Integrity Quotient with monthly team activities that build individual character and team unity among middle and high school-age teams.



Be Kind® Stick Together®

Encourage mentoring among high school-age athletes when they present this anti-bullying seminar to younger teams. Display the Be Kind® poster to show that your club values respect, caring and kindness!



All Star Gives Back

Showcase clubs and athletes who make serving others a priority throughout the year — ANY time of year!



Athlete Advisory Council

High school-age members are selected to provide unique insight from the athlete perspective to the USASF National Advisory Board.

Visit *Member Resources* in your club profile to learn more about these opportunities.

