

APPENDIX A - ONE-ON-ONE INTERACTIONS

The majority of child sexual abuse is perpetrated in isolated, one-on-one situations. By reducing such interactions between children and adults, programs reduce the risk of child sexual abuse. However, one-on-one time with trusted adults is also healthy and valuable for a child. Policies concerning one-on-one interactions protect children while allowing for these beneficial relationships.

The following is the model one-on-one policy provided to assist Member Clubs in developing their own policies. Any policy developed by a Member Club must include the Mandatory Components. If a Member Club does not create a policy for one-on-one interactions, the Mandatory Components will become the default policy for appropriate one-on-one interactions for that organization.

APPLICABLE ADULTS

This policy shall apply to:

1. Adult members at a facility that is either partially or fully under the jurisdiction of the U.S. All Star Federation;
2. Adult members of the U.S. All Star Federation who have regular contact with minor athletes, including Adult Athletes on Open Teams;
3. Any adult authorized by a Member Club to have regular contact with or authority over a minor athlete; and
4. Adult staff, volunteers and board members of a Member Club.

OBSERVABLE AND INTERRUPTIBLE

One-on-one interactions between a minor athlete and an Applicable Adult (who is not the minor's legal guardian) at a facility are permitted if they occur at an observable and interruptible distance by another adult.

1. Meetings with Member Club Adults:

- a. Meetings between Applicable Adults and minor athletes at a facility partially or fully under our jurisdiction may only occur if another adult is present, except under emergency circumstances. Such meetings must occur where interactions can be easily observed and at an interruptible distance from another adult.
- b. If a one-on-one meeting takes place in an office at a facility partially or fully under our jurisdiction, the door to the office must remain unlocked and open. If available, it will occur in an office that has windows, with the windows, blinds, and/or curtains remaining open during the meeting.

2. **Individual Training Sessions:** Individual training sessions between Applicable Adults and minor athletes are permitted at a facility partially or fully under our jurisdiction if the training session is observable and interruptible by another adult. It is the responsibility of the Applicable Adult to obtain the written permission of the minor's legal guardian in advance of the individual training session if the individual training session is not observable and interruptible by another adult. Permission for individual training sessions must be

obtained at least every six months. Parents, guardians, and other caretakers must be allowed to observe the training session.

3. Message or rubdown/athletic training modality:

Any massage or rubdown/athletic training modality performed at a facility or a training or competition venue must be conducted in an open and interruptible location. Any massage of a minor athlete must be done with at least one other adult present and must never be done with only the minor athlete and the person performing the massage or rubdown/athletic training modality in the room.

4. Meetings with mental health care professionals and health care providers:

If a mental health care professional and/or health care provider meets with minor athletes at a facility partially or fully under our jurisdiction, a closed-door meeting may be permitted to protect patient privacy provided that: (1) the door remains unlocked; (2) another adult is present at the facility; (3) the other adult is advised that a closed-door meeting is occurring; and (4) written legal guardian consent is obtained in advance by the mental health care professional and/or health care provider, with a copy provided to our organization.

MONITORING

When one-on-one interactions between Applicable Adults and minor athletes occur at a Member Club facility, Applicable Adults will monitor these interactions. Monitoring includes:

- a. Knowing that the one-on-one interaction is occurring,
- b. The approximate planned duration of the interaction, and
- c. Randomly dropping in on the one-on-one.

OUT-OF-PROGRAM CONTACTS

Applicable Adults are prohibited from interacting one-on-one with unrelated minor athletes in settings outside of the program that are not observable and interruptible (including, but not limited to, one's home and individual transportation), unless parent/legal guardian consent is provided for each out-of-program contact. Nonetheless, such arrangements are strongly discouraged.