

BENEFITS OF ATTENDING USASF SANCTIONED COMPETITIONS

Attending a competition sanctioned by the U.S. All Star Federation is among the most rewarding experiences in an athlete's All Star career. Athlete protection and safety in an environment that is positive, fun and welcoming for all participants is the hallmark of every successful USASF-sanctioned competition. Instilling the love of performance, sportsmanship and camaraderie ensures that All Star remains a vibrant sport in our communities for years to come!

ACCESS

- USASF-sanctioned competitions strive to provide the safest and healthiest competitive atmosphere and best possible on- and off-the-floor experiences for athletes:
 1. Level playing field established through consistent rules, age requirements and regulations at each competition.
 2. Processes to limit access to warm-up rooms and backstage areas.
 3. Required background screenings for club owners, coaches, personnel and adult athletes who are with teams in warm-up and backstage areas.
 4. USASF-trained and -certified legality officials who are on-call to provide rulings in real time at all sanctioned competitions.
 5. A properly equipped EMT or athletic trainer present and ready to handle emergencies.
- \$50,000 excess accidental medical insurance coverage in effect for member athletes and coaches while competing or practicing at USASF-sanctioned competitions.
- \$5 million catastrophic accident insurance coverage in effect for member athletes and coaches while competing or practicing at USASF-sanctioned competitions.

OPPORTUNITIES

- Bid-qualifying competitions which may lead to participation in The Cheerleading Worlds and The Dance Worlds competitions. Age and division requirements must be met.

CONNECTIONS

- Inclusion in the nation's largest network of All Star club owners, coaches, athletes, event producers and the companies that serve them.

