



# NATIONAL ALL STAR CHEER & DANCE DAY

When All Star unites across the country for a day of cheer and dance, togetherness and fun!

# WHY BECOME AN ALL STAR?

#### **SELF-CONFIDENCE:**

Through performance and goal setting

#### **TEAMWORK:**

Work with others towards a common goal

### **RESPONSIBILITY:**

Be accountable to your team

# RESPECT:

For yourself and everyone around you

#### **DISCIPLINE:**

Values and time management

#### **STRENGTH:**

Mental and physical

#### **SOCIAL:**

Meet new friends

## **FAMILY:**

That's what All Star is!

