



2024-25

AGE GRID & RULES CHANGES

EARLY RELEASE

DANCE AGE GRID

1. All **Approximate Ages** remain the same but the **Calendar Years** will increase by one (2023 changing to 2024).
2. Addition to the **Kick Category** description.
3. Addition to the **Crossover Rules**: An individual will not be permitted to crossover from one club to another during the same event.

DANCE RULES GRID

1. **Individual Mini Rule 2.c**: This is a relocation of the rule from last year as a correction.
2. **Individual Youth Rule 2.d.i**: Dancers may now perform airborne hip-over-head rotation skills with hand support connected to airborne hip-over-head rotation skills without hand support (with limitations).
3. **Individual Youth Rule 2e**: Added airborne hip-over-head skills without hand support over another dancer may not have a blind landing. *Exception: Junior follows Senior and Open.*
4. **Prep Rules** have separated from the Novice Rules and progressions across the divisions have been added.

GLOSSARY CHANGES

1. Update to **Hip-Over-Head Rotation** definition
2. Addition of **Blind Landing** to the glossary.
3. Addition of **Kick** to the glossary.

NOTE: This Early Release is intended to get the divisions and ages out in time for clubs to plan for the upcoming season. The policies of the Age Grid and Rules that are not included on the Early Release are subject to review and may be updated by the Final Release.